



NATIONAL RIFLE ASSOCIATION

ADVANCED CIV SR SKILLS COURSE

Sunday 6 May 2018

AIM

The Advanced CSR Skills Course is a practical coaching course designed to support new and existing CSR competitors to improve their positional shooting techniques. The timing of the course is an ideal preparation for those entering the CSR Imperial Meeting.

The emphasis of the course will be on the Application of Fire in each shooting position: prone, sitting, kneeling/squatting and standing. Training will be measured through test Practices, including shooting the Urban Match under match conditions. In addition, Dry Training will be conducted as part of background activity.

The course will focus on practical range work, including target marking.

COURSE FEE

The course fee is £57.00 (£34.20 for Under 25 yrs), which includes range fees, targets, scorebook and individual coaching. Ammunition and firearms are not included and attendees are expected to bring their own. Attendees will require approximately 150 rds.

Those not yet in possession of a firearm can use an NRA AR-15 type rifle supplied by us on the range for £18 a day on a shared basis, and purchase ammunition - 150 rds of 5.56 mm at a price of £70.50 upon production of their NRA membership card and Shooter Certification Card (SCC).

DRESS AND EQUIPMENT

Light Goretex jackets are recommended with under layers according to the weather, and suitable lightweight walking-type trousers with waterproof over trousers if required. Jeans and heavy cotton trousers are not suitable. You will need:

- Ear defenders
- Firearm
- Approximately 150 rds ammunition
- Normal shooting equipment including binos
- Notebook and pencil
- Food and beverage

ACCOMMODATION

Accommodation is available onsite: for further details and to book (which can now be done online) from our home page www.nra.org.uk under the heading of Make a Booking.

CONTACT DETAILS

If you need to contact a member of the NRA team prior to the course beginning on Sunday please contact Sharon Baker/Carol Kellow on 01483 797777 Ext 208 or on the day the Range Office on Ext 152.

National Rifle Association, BISLEY, BROOKWOOD, SURREY, GU24 OPB

Tel: 01483 797777 ext 208 | Fax: 01483 797285 | Email: Sharon.baker@nra.org.uk Carol.kellow@nra.org.uk

PROGRAMME

Attendees will be squadded into 3 Groups and will rotate through Live Firing at 100 yds, Dry Training and Butts. The outline programme for the course is shown below:

Time	Activity
07.45-08.00	Assemble at Short Siberia Range – Registration
08.00-08.30	Course Brief; Marksmanship Principles; shooting tips and practical demonstration
08.30-09.30	Group 1 Live Firing Group 2 Butts Group 3 Dry Trg
09.30-10.30	Group 1 Butts Group 2 Dry Trg Group 3 Live Firing
10.30-11.30	Group 1 Dry Trg Group 2 Live Firing Group 3 Butts
11.30-12.00	Urban Match 25 yds Sighting (All)
12.00-12.30	Urban Match 50 yds Sighting (All)
12.30-13.30	Lunch
13.30-14.20	Urban Match 75 yds Sighting (All)
14.20-15.10	Urban Match 100 yds Sighting (All)
15.10-17.20	Urban Match shot under match conditions
17.20-17.30	Clear Range/Depart

AM Live Firing Application of Fire at 100 yds

No of Shots	Practice	Comment
36 (2 x mags of 18)	12 x 3 rd groups (Fig 12)	pr, sit, kn/sq, std, transition
5	1 x 20 sec exp (Fig 12c)	Std Alert to sit
5	5 x 3 sec exp (Fig 12c)	Std Alert to Kn/Sq on each exp
5	5 x 3 sec exp (Fig 12c)	Std Alert to Std on each exp
<u>10</u>	Short Range Match Practice 3	1 shot Std, 1 shot Kn/Sq at each double exp
61 Total Rds		

PM Live Firing

No of Shots	Practice	Comment
40	2 x 5 rd groups at each dist	Sighting back from 25 yds to 100 yds
<u>40</u>	Urban Match	Match conditions
80 Total Rds		

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Details	
Full Name:	NRA Membership No:
Email Address:	
Address:	Home No:
	Mobile No:
Postcode:	Club Name:
Firearm Certificate No:	Issued By:

Course Requirements	
SCC Assessment for Telescopic and Iron Sighted Rifle required (NRA Members only)	Yes / No

Fees		
Course Fee	Over 25 yrs	£57.00
	Under 25 yrs	£34.20
Rifle		£18.00
Ammunition		£70.50
Non-NRA Member Fee		£6.85
Total		

Notes
Courses cancelled within 5 working days of course date will be subject to a cancellation fee of £20.00

Payment Methods		
<input type="checkbox"/> Online	www.nra.org.uk	Complete your entry form and payment details online via the Courses and Training section of our website
<input type="checkbox"/> Cheque	Payable to the NRA to:	Shooting Division, National Rifle Association, Bisley, Brookwood, Surrey GU24 0PB. (Course name on the reverse)
<input type="checkbox"/> Card	To pay via card please call:	Sharon Baker / Carol Kellow – 01483 797777 (ext. 208)

DECLARATION:

- I am not a prohibited person within the meaning of Section 21 Firearms Act 1968 (as amended)
- I have never had a Firearm or Shotgun Certificate refused or revoked. (If you have, please enclose full details in a sealed envelope marked 'Confidential')
- On the first day of the course I will be aged fourteen years or over
- I agree to abide by the rules of the National Rifle Association and adhere to the instructions of the course leader
- I agree that I have been warned that ear protection must be worn at all times in the vicinity of all firing points while shooting is in progress, and shall not hold the organiser responsible for any injury resulting from non-compliance therewith

I declare the above to be true and accurate

Signed _____

Dated _____