Stage 1 - 500x Harassing Fire

- Distance 500 yards
- Position Prone
- Rounds
 2 sighting shots and 10 to count
- Target Triple Fig 11
- Scoring 5 & 4 on the centre target (300mm ring), 2 on the outer targets
- Procedure
 - 1. Firers have 2 minutes for their sighting shots. After spotting discs have been shown, firers will be ordered to apply safety catches and stand up.
 - 2. The targets will make one appearance of 60 seconds. On appearance of the target, firers are to adopt the prone position, release safety catches and open fire.
 - 3. Scores will be recorded and spotting discs shown for 30 seconds.

Stage 2 - 400x Snaps

- Distance 400 yards
- Position Sitting or Kneeling
- Rounds 10 to count
- Targets Triple Fig 11
- Timing 1 x 15 second exposure followed by 4 x 6 second exposures
- Scoring 5 & 4 on the centre target (300mm ring) 2 on the outer targets
- o Procedure
 - 1. Firers will adopt the standing alert position, rifles loaded with 10 rounds, made ready with safety catches applied. On appearance of the target, firers are to adopt the sitting or kneeling position, release safety catches and engage each exposure with 2 rounds.
 - 2. Scores will be recorded and spotting discs shown for 30 seconds.

Stage 3 - 300x Rapid

- Distance 300 yards
- Position Prone
- Rounds 10 to count
- Targets Fig 12
- Scoring 5 & 4
- Procedure
 - 1. Firers will adopt the standing alert position, rifles loaded, made ready with safety catches applied.
 - 2. The target will make one appearance of 60 seconds. On appearance of the target, firers are to adopt the prone position, release safety catches and open fire.
 - 3. Scores will be recorded and spotting discs shown for 30 seconds.

Stage 4 - 300x Deliberate

- Distance 300 yards
- Position Sitting, kneeling or squatting
- Rounds 10 to count
- Targets Fig 12
- Scoring 5 & 4
- o Procedure
 - 1. Firers are to be in the sitting, kneeling or squatting position with rifles loaded and made ready.
 - 2. The target will make five exposures of 6 seconds. Two rounds to be fired per exposure.
 - 3. Scores will be recorded and spotting discs shown for 30 seconds.

SATURDAY AFTERNOON 6 January 2018

Stage 1 - 200x Bisley Bullet

- Distance 200 yards
- Position Prone
- Rounds
 2 sighting shots and 10 to count
- Targets
 Fig 14 Window
- Scoring 5, 4 & 3
- Procedure
 - 1. Firers have 2 minutes for their sighting shots. After spotting discs have been shown, firers are to apply safety catches and remain in the prone position.
 - 2. The target will make ten exposures of 3 seconds over a frontage of 6ft. Only 1 round to be fired at each exposure.

Stage 2 - 200x Rapid

- Distance 200 yards
- Position Sitting, kneeling or squatting
- Rounds 10 to count
- Targets Fig 12
- Scoring 5 & 4
- Procedure
 - 1. Firers are to be in the standing alert position with rifles loaded, made ready with safety catches applied. The target will make two exposures of 20 seconds. On appearance of the target, firers will adopt the sitting, kneeling or squatting position, release safety catches and engage each exposure with 5 rounds.

Stage 3 - 100x Snaps

- Distance 100 yards
- Position Standing, kneeling or squatting
- Rounds 10 to count
- Targets Fig 14 Window
- Scoring 5, 4 & 3
- Procedure
 - 1. Firers are to be in the standing alert position with rifles loaded, made ready with safety catches applied.
 - 2. The target will make ten exposures of 3 seconds at irregular intervals over 2 minutes. On each exposure firers are to adopt the standing, kneeling or squatting position and fire one round. Firers must return to the standing alert position in between each exposure.

Stage 4 - 100x Deliberate

- Distance 100 yards
- Position Kneeling or squatting and standing
- Rounds 10 to count
- Targets Fig 14 Window
- Scoring 5, 4 & 3
- Procedure
 - 1. Firers are to be in the standing alert position with rifles loaded, made ready with safety catches applied. Targets will make five exposures of 6 seconds.
 - 2. On the first appearance of the targets, firers are to adopt the kneeling or squatting position and fire two rounds. Firers are to remain in the kneeling or squatting position.
 - 3. On the second appearance of the targets, firers are to adopt the standing position and fire two rounds. Firers are to remain in the standing alert position.
 - 4. On subsequent appearances of the targets, firers are to repeat this sequence until all ten rounds have been fired.